

# Norwich Private GP Services

Dr Ike Nnene | Mrs Linda Nnene

Beat the queues and arrange an in-person or virtual consultation with a private GP



## Welcome!

Dr Ike Nnene has considerable experience of delivering patient centred medical care and brings his caring approach with empathy to every patient episode. During each consultation he will identify the main cause and establish the impact of the problem on the patients well-being. Dr Nnene will discuss options for management of the patients problem which may include referral to a specialist.

#### Our Commitment

At Norwich Private GP, we strive to be the answer for all of your primary health and preventive wellness needs with personalized medical solutions available for all ages. There is an opportunity to tailor health solutions based on the unique needs and preferences of the patients with the aim of positive outcomes and long term optimal health. Information relating to genetic, clinical, lifestyle, nutritional and neuroendocrine factors can be used by Dr Nnene in directing decisions that will benefit our patients' health.



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# About **Us**

Welcome to Norwich Private GP Services, the esteemed private health clinic located in Norfolk, UK. Dr Ike Nnene established this medical clinic as a haven for those seeking exceptional and affordable healthcare services.

We are committed to supporting individuals on their journey towards optimal health, we aim to make the invaluable expertise of a private GP accessible to all. At Norwich Private GP, we firmly believe in addressing every aspect of an individual's wellbeing – be it physical, mental, emotional, social or occupational – recognizing that true wellness encompasses these interconnected elements. With this holistic approach at our core, we offer evidence-based treatments catering specifically to men's health, women's health, hormone therapy interventions for hormonal imbalances as well as comprehensive support for mental health concerns. Additionally, our wide range of lab tests ensure accurate diagnoses and personalized treatment plans tailored to each patient's unique needs. Recognizing the importance of corporate well-being programs in today's fast-paced world where occupational stress is prevalent among professionals; We provide specialized corporate health services designed to

enhance employee productivity and overall satisfaction within organizations. Embracing technological advancements in healthcare delivery models without compromising on quality provision is another area that sets us apart - through Telehealth consultations patients can benefit from virtual appointments at their convenience while receiving expert guidance from our skilled team remotely. Furthermore, understanding the significance of travel medicine amidst global mobility patterns today; our clinic offers comprehensive travel medicine services ensuring you embark upon your journeys fully prepared to live your life vibrantly.



norwichprivategp.com



## Your **Team**

#### The team at Norwich GP Services are here to serve you...\_

- ▶We believe that we every patient is dealt with in a pleasant respectful manner that allows them to get the most out of their involvement with our service.
- ▶We believe that patients should be listened to and understood. Any management should acknowledge their ideas and expectations with decisions regarding treatment arrived at collaboratively.
- ▶Treatment options need to fully acknowledge the physical, mental, emotional, social, occupational, spiritual elements that make up a person's life



Dr Ike Nnene has over 29 years experience as a doctor in the UK health system and brings his knowledge and skill with an empathetic approach to his current patients. He has close relationships with specialists, psychologists, physiotherapists, and other ancillary medical services that help to deliver a comprehensive private medical service.

#### **Dr Ike Nnene**

Founder | Norwich Private GP Services

Mrs. Linda Nnene, an expert in health and wellness education, holds the esteemed position of Leader, Careers, Student Pathways and IAG. She fervently recognizes the crucial significance of education to successfully attain health objectives.

#### **Mrs Linda Nnene**

Co-Founder | Norwich Private GP Services





## **Our Clinic**

Norwich Private GP provides advanced medical services in a modern environment that ensures convenience and comfort for patients, while also granting them swift access to top-notch care and cutting-edge diagnostic imaging.



Reception

Norwich Private GP offers a modern and inviting clinic where you will receive a warm reception. Our advanced facility allows for private in-person GP consultations and secure telemedicine consultations through our web platform. This service is highly adaptable, offering flexibility with scheduling appointments on short notice. An email containing a link to the telemedicine consultation platform will be provided.



At Norwich Private GP, your confidential appointments ensure comprehensive assessment and ample time to address any health concerns. Dr Nnene offers various diagnostic imaging and lab tests to ensure a detailed diagnosis and personalized care plan for each patient.

**Consultation Room** 



Our goal at Norwich Private GP is to provide top-notch healthcare services in various specialities. We collaborate with leading consultants and offer access to state-of-the-art technology, such as the advanced 3T MRI scanner.

**Diagnostic Imaging** 



# **Our Benefits**

There are a number of benefits to seeing a private GP in the, including:

#### **Reduced waiting times:**

Private GPs typically offer shorter waiting times for appointments than NHS GPs. This means that you are more likely to be able to see a doctor when you need to, and you will not have to wait for weeks or months for an appointment.

#### **Extended appointment times:**

Private GPs typically offer longer appointment times than NHS GPs. This means that you will have more time to discuss your health concerns with your doctor, and you will not feel rushed.

#### Personalized care:

Private GPs can provide more personalized care than NHS GPs. This is because they have more time to spend with each patient and they are not subject to the same pressures as NHS GPs.

#### Access to a range of treatments:

Private GPs may offer a wider range of treatments than NHS GPs. This is because they are not bound by the same restrictions as NHS GPs.





At Norwich Private GP, we are dedicated to providing a wide range of Health Services that are personalized to your unique health needs.

#### **General Practice consultations**

▶ An appointment with Dr Ike Nnene can be used to obtain an opinion on any health concern or symptom. The consultation can be face to face or virtual.

#### **Medicals**

▶ Pre-employment medical assessments, also known as pre-placement health tests, aim to evaluate and monitor individuals to detect risk factors that might restrict them in delivering efficient performance in their work place

#### **Mental health**

▶ Dr Ike Nnene can offer a programme of personal mental and emotional wellness coaching aimed at restoring health and wellness.

#### **Addiction help**

▶ Dr Ike Nnene can provide help for people who are seeking help to overcome addictions. Dr Nnene works with East Coast Recovery in Lowestoft, Suffolk who provide residential facilities for detoxification and rehabilitation.

#### **Prescriptions**

▶ Dr Nnene can provide prescriptions for medication following appropriate consultation.

#### **Laboratory tests**

▶ Dr Nnene can arrange necessary laboratory tests that help to diagnose a problem or exclude a suspected condition.

#### Referrals

▶ Dr Nnene will refer to specialist physicians or surgeons, or other expert healthcare providers for further management as necessary.



## Wellness Services

The Norwich Private GP team of experts are committed to helping you achieve optimal wellbeing and live a balanced, fulfilling life. Explore our advanced Wellness Services below.

#### Personalized health assessments

A thorough examination of the individual's current state of health. This is aimed at identifying possible future problems, whilst also helping reduce the consequences of cancer, heart disease, diabetes and high blood pressure by routinely checking for early signs.

#### X-rays and scans

Dr Nnene can refer for private radiology investigations including x-ray, ultrasound, MRI, CT and DEXA.

#### **Lifestyle Medicine & Health coaching**

Dr Ike Nnene can provide a personalised programme of lifestyle interventions aimed at optimizing your health and well being.

#### Men's health

Dr Ike Nnene has expertise in management of men's health concerns including andropause and sexual dysfunction.

#### Women's Health

Dr Nnene has expertise in management of women's health disorders including menopause and medical aesthetics.

#### **Corporate Health**

Dr Nnene works with organizations to provide corporate health solutions.

#### **Travel health**

Dr Nnene will refer to specialist physicians or surgeons, or other expert healthcare providers for further management as necessary.





### **Best Health + Wellness**

Lifestyle Medicine & Positive Psychology

#### An integral part of Norwich Private GP Services

### Offering innovative transformative programs that elevate your well-being to new heights.

We understand that true wellness encompasses more than just the absence of disease. It involves nurturing and optimizing every aspect of your life, from physical health to mental and emotional well-being.



#### Lifestyle Medicine

Through Lifestyle Medicine, we focus on the power of lifestyle choices in preventing and treating chronic conditions. Our programs encompass personalized nutrition plans, exercise prescriptions, stress management techniques, sleep optimization strategies, and more.

By addressing these foundational pillars of health, we empower you to make sustainable lifestyle changes that lead to improved vitality and overall well-being.



#### **Positive Psychology**

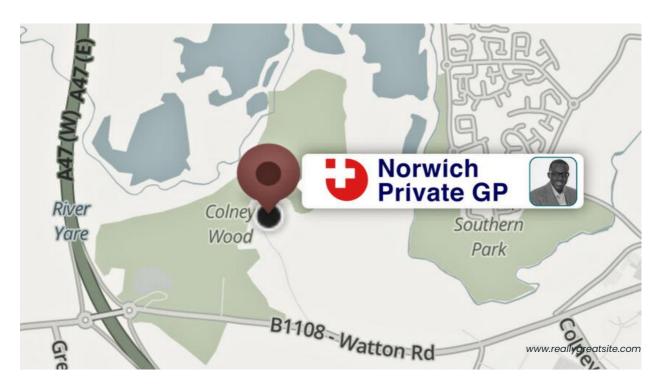
In addition, our utilization of Positive Psychology helps unlock your inner potential and foster a positive mindset. We delve into the science of well-being, resilience, and personal growth to help you cultivate positive emotions, meaningful relationships, and a sense of purpose.

Our transformative programs provide you with practical tools to navigate life's challenges, boost self-confidence, and enhance your overall satisfaction and fulfilment.



#### **Get In Touch**

We hope you can appreciate what Norwich Private GP Services offers and how you can obtain help for your health concern.



#### **Contact Us:**

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